

Table S3. Individual and joint effect of trehalose and glutamate on the odds of diabetic retinopathy in non-proliferative diabetic retinopathy patient pairs.

Metabolites > median	Model 1 <sup>a</sup>		Model 2 <sup>b</sup>		Model 3 <sup>c</sup>	
	OR (95%CI)	P	OR (95%CI)	P	OR (95%CI)	P
Trehalose						
Per IQR	0.45(0.27,0.74)	0.002	0.45(0.27,0.75)	0.002	0.24(0.11,0.51)	<0.001
Quartiles						
Q <sub>1</sub>	1.00(1.00,1.00)	Ref.	1.00(1.00,1.00)	Ref.	1.00(1.00,1.00)	Ref.
Q <sub>2</sub>	0.49(0.17,1.41)	0.187	0.41(0.13,1.28)	0.125	0.19(0.04,0.87)	0.033
Q <sub>3</sub>	0.56(0.19,1.62)	0.286	0.55(0.18,1.65)	0.286	0.10(0.02,0.52)	0.006
Q <sub>4</sub>	0.11(0.03,0.35)	<0.001	0.10(0.03,0.35)	<0.001	0.01(0.00,0.07)	<0.001
P for trend		0.001		0.001		<0.001
Glutamate						
Per IQR	1.58(1.08,2.30)	0.018	1.68(1.12,2.51)	0.012	2.03(1.23,3.35)	0.006
Quartiles						
Q <sub>1</sub>	1.00(1.00,1.00)	Ref.	1.00(1.00,1.00)	Ref.	1.00(1.00,1.00)	Ref.
Q <sub>2</sub>	1.75(0.62,4.97)	0.294	1.89(0.62,5.79)	0.266	2.01(0.53,7.54)	0.303
Q <sub>3</sub>	2.62(0.92,7.46)	0.072	2.53(0.82,7.78)	0.106	2.45(0.61,9.78)	0.205
Q <sub>4</sub>	3.46(1.20,9.99)	0.022	4.75(1.50,15.09)	0.008	8.10(1.92,34.22)	0.004
P for trend		0.016		0.007		0.004
Trehalose Glutamate						
Yes No	1.00(1.00,1.00)	Ref.	1.00(1.00,1.00)	Ref.	1.00(1.00,1.00)	Ref.
No No	0.90(0.32,2.52)	0.833	0.75(0.25,2.28)	0.608	1.44(0.34,6.03)	0.621
Yes Yes	0.78(0.28,2.21)	0.639	0.73(0.24,2.23)	0.585	0.50(0.13,1.89)	0.309
No Yes	8.85(2.44,32.12)	0.001	9.63(2.51,37.02)	0.001	32.40(5.46,192.35)	<0.001
Interaction (Trehalose*Glutamate)						
RERI (95% CI)	8.18(-2.60,18.96)		9.15(-3.21,21.51)		31.46(-25.26,88.18)	

Abbreviation: IQR, interquartile range; Q<sub>1</sub>, the first quartile; Q<sub>2</sub>, the second quartile; Q<sub>3</sub>, the third quartile; Q<sub>4</sub>, the fourth quartile; RERI, relative excess risk of interaction; OR, odds ratio.

<sup>a</sup> Model 1 was unadjusted.

<sup>b</sup> Model 2 was adjusted for SBP and duration of diabetes.

<sup>c</sup> Model 3 was adjusted for the confounders chosen by LASSO regression.