RESEARCH

Dopamine synthesis and dopamine receptor expression are disturbed in recurrent miscarriages

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Abstract

Objectives: L-dopa decarboxylase (DDC) is responsible for the synthesis of dopamine. Dopamine, which binds to the D₂-dopamine receptor (D2R), plays an important role in the maintenance of pregnancy. Aim of our study was the analysis of DDC and D2R expression in placentas of spontaneous miscarriages (SMs) and recurrent miscarriages (RMs) in comparison to healthy controls.

Methods: Patients with SM (n = 15) and RM (n = 15) were compared with patients from healthy pregnancies (n = 15) (pregnancy weeks 7–13 each). Placental tissue has been collected from SMs and RMs from the first trimester (Department of Gynaecology and Obstetrics, LMU Munich) and from abortions (private practice, Munich). Placental cell lines, BeWo- and JEG-3 cells, were stimulated with the trace amines T₀AM and T₁AM *in vitro*.

Results: Levels of DDC and D2R in trophoblasts and the decidua were lower in RMs in comparison to healthy controls. Stimulation of BeWo cells with T₁AM significantly reduced DDC mRNA and protein levels. Via double-immunofluorescence, a DDC-positive cell type beneath decidual stromal cells and foetal EVT in the decidua could be detected.

Conclusions: Downregulation of DDC and D2R in trophoblasts of RMs reflects a reduced signal cascade of catecholamines on the foetal side.

Key Words

- ▶ L-dopa-decarboxylase
- ▶ dopamine D2L receptor
- ▶ thyronamine
- ▶ 3-iodothyronamine
- ▶ miscarriages

Endocrine Connections
(2018) 7, 727–738

Introduction

The D₂-dopamine receptor (D2R) is expressed by the human placenta, and its expression increases with the gestational week, and it reaches a maximum at term (1). Dopamine plays a significant role in human placental endocrine function, and it has the ability to inhibit human placental lactogen (hPL) and human chorionic gonadotrophin production (2). Changes in placental D2R expression have been observed in pregnant patients with preeclampsia and hydatidiform moles, which consequently leads to modulations in signal transduction processes (1). D2R is a target receptor for various antipsychotic drugs, and it

can interact with the trace amine-associated receptor 1 (TAAR1), forming a functional heteromer (3, 4).

The enzyme L-dopa-decarboxylase (aromatic amino acid decarboxylase, DDC), which is expressed by the placenta, is responsible for the conversion of L-dopa into dopamine (5, 6). Additionally, DDC is involved in the synthesis of serotonin, tryptamine, phenylethylamine and histamine (12). DDC can be subjected to multiple regulatory mechanisms at various levels (7).

Degradation of thyroid hormones results in the formation of trace amines (TAs), also referred to as

endogenous amines or thyronamines (3). TAs (3-T₁AM, T₀AM) are converted from L-thyroxine also through a decarboxylation process (8). As TAs and catecholamines are both derived from decarboxylation of the original amino acid tyrosine, a connection exists between their synthesis and their structure. TAs affect dopamine signalling through TAAR1 and D2R heteromers (3). In a recent study, we found an increase of TAAR1 levels in placental tissue of patients with spontaneous miscarriages (SMs) and recurrent miscarriages (RMs). We linked those findings with a possible increase in thyroid hormone degradation through decarboxylation in placental tissue (27).

Thyroid hormones play an important role during trophoblast differentiation and the neurofoetal development (9). They bind to the thyroid hormone receptor (THR), which belongs to the nuclear receptor superfamily. Nuclear receptors play a role in various physiological processes, and they act via transcriptional cis-regulation of target genes (10). The choline acetyltransferase and DDC are target genes for thyroid hormones, and gene expression is regulated through those enzymes (11).

Thyroid disorders such as hypothyroidism and hyperthyroidism are associated with miscarriages and stillbirths (12). Untreated hypothyroidism can result in a twofold increase of miscarriages and stillbirth rates; hence, the maintenance of an euthyroid state is crucial for a healthy pregnancy (13). Downregulation of THR expression in miscarriages can possibly be a compensatory reaction towards an increased concentration of thyroid hormone metabolites. Placental expression of the isoforms THR α 1, THR β 1 and THR α 2 increases with gestational age (14). In a previous study, we could demonstrate that mRNA and protein expression of THR α 1, THR α 2, THR β 1 and THR β 2 is downregulated in SMs and RMs (15). Classical thyroid hormones act epigenetically, while decarboxylated thyroid hormones act in the opposite direction through rapid actions like rapid lowering of body temperature and heart rate (16).

Aim of our study was to analyse the expression of DDC and D2R in healthy pregnancies and SMs as well

as RMs, and to further identify the mechanisms that are responsible for the regulation of thyroid hormones during miscarriages. Additionally, the influence of thyroid hormone metabolites on the expression of DDC in trophoblast model cells was assessed in order to identify ligands that may partly be responsible for the induction of miscarriages.

Materials and methods

Tissue samples

Samples were retrieved from SMs (15 cases) and RMs (15 cases), which were obtained from the archives of the Gynaecology and Obstetrics Department of the Ludwig Maximilians University of Munich, Germany, and which were collected between 2011 and 2012. Samples from elective terminations of pregnancy (ETPs, 15 cases) were collected in a private practice in Munich in the same time period. All women included in the study had no medical or family history. Hypothyroidism as well as hyperthyroidism were excluded in all women. History taking was systematic, aiming to exclude – apart from common disorders – the possible implication of clotting disorders and autoimmune diseases, already known as aggravating factors for increased risk for miscarriages. In all samples, analysis of chromosomal abnormalities was performed (15). Tissue samples were obtained by dilatation and curettage without any prior pharmaceutical induction. In cases of miscarriages, curettage was performed within 24h after diagnosis. The average gestational age for SM was 10.1 $\pm$ 1.5 weeks, for RM 10 $\pm$ 1.5 weeks and for ETP 10.6 $\pm$ 2.1 weeks. The mean maternal age for SM was 37.3 $\pm$ 4.1 years, for RM 37.6 $\pm$ 6.2 years and for ETP 32 $\pm$ 8.2 years. Further demographic and clinical data are shown in Table 1.

Ethical approval and informed consent

All procedures involving human participants were in accordance with the Ethical Standards of the Institutional

Table 1 Maternal data overview.

Characteristic (unit)	Elective termination of pregnancies (n = 15)	Spontaneous miscarriages (n = 15)	Recurrent miscarriages (n = 15)	P value (Kruskal–Wallis test)
Maternal age (years)	32.4 $\pm$ 8.2 (20–45)	37.3 $\pm$ 4.1 (31–44)	37.6 $\pm$ 6.2 (22–45)	0.105
Gestational age (weeks of pregnancy)	9.6 $\pm$ 2.1 (7–13)	9.1 $\pm$ 1.5 (7–12)	9.0 $\pm$ 1.5 (7–12)	0.786
Gravidity	3.9 $\pm$ 2.1 (1–7)	1.3 $\pm$ 0.5 (1–2)	3.6 $\pm$ 1.2 (2–5)	0.002
Parity	2.0 $\pm$ 1.3 (0–4)	0.2 $\pm$ 0.4 (0–1)	1.3 $\pm$ 1.1 (0–3)	0.009

Values are given as mean $\pm$ s.d.; the range is given in parentheses.

and/or National Research Committee and with the Helsinki Declaration of 1964 and its later amendments or comparable ethical standards. The study was approved by the Local Ethics Committee of the Ludwig Maximilian University of Munich (reference number of approval: 337-06). Written informed consent has been obtained from the patients after full explanation of the purpose and nature of all procedures used.

Immunohistochemistry

Immunohistochemistry was performed as described in our recent study by Stavrou *et al.* (17). After tissue retrieval, tissue samples were fixed in 3.7% formalin and embedded in paraffin. Formalin-fixed paraffin-embedded sections (3 µm) were deparaffinised in Rotoclear (Carl Roth, Karlsruhe, Germany), rehydrated and blocked with 6% H₂O₂/methanol (for DDC) and 3% H₂O₂/methanol (for D2R) for endogenous peroxidase activity for 20 min. Rehydration of the slides was performed using an alcohol gradient up to distilled water. The slides were then placed in a pressure cooker containing sodium citrate (pH=6.0). To prevent any non-specific binding of the primary antibodies, a blocking solution was used (Polymer Kit; Zytomed Systems, Berlin, Germany). Tissue sections were then incubated with the primary antibodies for 16 h at 4°C as listed in Table 2. Reactivity was detected by using the ZytoChem Plus HRP Polymer System (mouse/rabbit) (Zytomed, catalogue-ID: POLHRP-100; Source BioScience, Nottingham, UK) in accordance to the manufacturer's protocol, and staining and counterstaining was carried out with diaminobenzidine (DAB), respectively, Hemalaun. Appropriate positive controls (appendix for D2R, colon for DDC) and negative controls (negative control serum added on the third trimester placenta) (Negative Control for Super Sensitive Rabbit Antibodies, Rabbit IgG; Biogenics, Fremont, CA, USA) were included in each experiment (Supplementary Fig. 1, see section on supplementary data given at the end of this article). Per slide, ten fields were examined with the semi-quantitative immunoreactive score (IRS) (18) by two independent observers using a Leitz Diaplan microscope

(Leitz, Wetzlar, Germany). The IRS is calculated by multiplying the intensity of cell staining (0: none; 1: weak; 2: moderate; 3: strong) with the percentage of positively stained cells (0: no staining; 1: <10% of the cells; 2: 11–50%; 3: 51–80%; 4: >81%).

Cell lines and cell stimulation

Cell line experiments were performed as described by Stavrou *et al.* (17). The choriocarcinoma cell lines BeWo (ECACC, Salisbury, UK) and JEG-3 (ATCC) were used for the study, which are useful models of human trophoblasts. The cells were cultured in DMEM (3.7 g/L NaHCO₃, 4.5 g/L D-glucose, 1.028 g/L stable glutamine and Na-Pyruvate; Biochrom, Berlin, Germany). Ten percent heat-inactivated fetal calf serum (FCS) was supplemented to the medium and the solution was incubated at an atmospheric CO₂ concentration of 5% and at 37°C.

BeWo and JEG-3 cells were separately grown on sterile 12-multiwell slides at a density of 500,000 cells/mL DMEM with 10% foetal cow serum. After 4 h, medium was changed to pure DMEM. The cells were stimulated with 0.01 nM or 0.1 nM thyronamine (T₀AM) (Sigma-Aldrich, catalogue-ID: 80345), 3-iodothyronamine (T₁AM) (Cayman Chemical) and RO5203548 (Glaxo Laboratories, Hopkinton, MA, USA) for 2 h (PCR samples) and 48 h (immunocytochemistry and Western blot samples), respectively. Control cells were incubated sans stimulants.

Immunocytochemistry

After an incubation of 48 h, the Quadriperm slides were fixated in an ethanol/methanol solution for 15 min. Between each of the experimental steps, the slides were washed in PBS (Biochrom). Next, the primary antibodies anti-DDC (polyclonal Rabbit IgG; LSBio, Seattle, WA, USA) and anti-DRD2 (polyclonal Rabbit IgG; LSBio) were applied for 16 h at 4°C. Incubation with the secondary antibody Reagent II from the ZytoChem Plus HRP Polymer System (mouse/rabbit) (Zytomed: Nr. POLHRP-100) for 20 min at 4°C and afterwards with Reagent III for 30 min at room temperature followed. Next, the slides were incubated with the ABC complex for 30 min. Staining of the slides

Table 2 Features of the antibodies used for staining.

Antibody	Incubation	Blocking solution	Blocking condition (min)
DDC, polyclonal (Rabbit IgG, LSBio)	1:300 in PBS, 16 h at 4°C	Reagent I (Polymer Kit, Zytomed Systems)	5
DRD2, polyclonal (Rabbit IgG, LSBio)	1:100 in PBS, 16 h at 4°C	Reagent I (Polymer Kit, Zytomed Systems)	5

was carried out with 3-amino-9-ethylcarbazole plus (AEC plus; Dako) for 8 min, followed by counterstaining with Hemalaun for 30 s, washing in tap water and cover-slipping of the slides.

Examination and evaluation of the slides were carried out with a Leitz Diaplan light microscope (Leitz) and a digital camera system (JVC, Yokohoma, Japan). Two independent observers examined the slides.

For each slide, six visual fields were examined at 10× overall magnification. For each field, all cells were counted and assigned to three groups (negative, low and medium/strong staining).

TaqMan-real-time PCR

TaqMan PCR was performed as described by Pestka *et al.* (19). RNA of stimulated and control JEG-3 and BeWo cells was isolated using the NucleoSpinRNAII (Macherey-Nagel, Düren, Germany). Quantification and evaluation of RNA samples was performed with the NanoPhotometer (Implen, Munich, Germany).

Reverse transcription was carried out using the High-Capacity cDNA reverse transcription kit (Applied Biosystems) with a temperature protocol of 25°C for 10 min, 37°C for 2 h, 85°C for 5 s and final cooling at 4°C.

PCR was performed in 96-well reaction plates holding a volume of 20 µL. Each well contained 1 µL TaqMan Gene Expression Assay 20× (Applied Biosystems), 10 µL TaqMan Universal PCR Master Mix 2× (Applied Biosystems), 8 µL H₂O (DEPC-treated DI water, Sigma) and 1 µL sample. For the PCR assay, the ABI PRISM 7500 Fast (Applied Biosystems) was used with thermal cycling conditions of 20 s at 95°C followed by 40 cycles of amplification with 3 s at 95°C and 30 s at 60°C. To quantify the expression, the $2^{-\Delta\Delta CT}$ method was used applying β -actin as the housekeeping gene. Each experiment was validated three times.

Western blot

Stimulated cell samples were lysed for 30 min with 200 µL buffer solution consisting of a 1:100 dilution of protease inhibitor (Sigma-Aldrich) in RIPA buffer (Radioimmunoprecipitation assay buffer, Sigma-Aldrich). The lysate was centrifuged, and a Bradford protein assay of the supernatant was performed. The proteins were separated according to their molecular weight using SDS-PAGE and transferred onto a PVDF membrane (Merck Millipore). Non-specific binding was blocked through a 1 h incubation of the membrane

with Marvel-TBST for DDC staining and with 1× Casein Solution (Vector Laboratories, Burlingame, CA, USA) for β -Actin staining. The primary antibodies anti-DDC (polyclonal Rabbit IgG; LSBio) and Anti- β -Actin (Clone AC-15, Mouse IgG, Sigma), diluted in a 1:1000 in Marvel-TBST (TBS+Tween and milk powder) and 1:1000 Casein solution, respectively, were applied for 16 h at 4°C for β -actin and 1 h at room temperature for DDC. After rinsing with TBST, the membrane was incubated with biotinylated anti-rabbit IgG antibody and ABC-AmP reagent (both Vectastain ABC-AmP Kit for rabbit IgG, Vector Laboratories) following the manufacturer's protocol. Staining was performed using BCIP/NBT chromogenic substrate (Vectastain ABC-AmP Kit, Vector Laboratories). Detection was performed with Bio-Rad Universal Hood II (Bio-Rad Laboratories) and the findings were quantified using Bio-Rad Quantity One software (Bio-Rad Laboratories).

Double-immunofluorescence

To determine the cells that express D2R and DDC in the decidua, double-immunofluorescence analysis with markers for extravillous trophoblast (EVT) and decidual stroma cells was performed. Human leukocyte antigen G (HLAG), which is a marker for EVT, and prolactin, a marker for decidual stroma cells, were applied. Placental tissue of both ETP and RM groups were stained.

Double-immunofluorescence staining was carried out on placental slides of both ETP and RM groups. After retrieval, the tissue samples were fixed in 3.7% formalin and embedded in paraffin. Formalin-fixed paraffin-embedded sections (3 µm) were deparaffinised in Roticlear (Carl Roth), rehydrated and then blocked with 3% H₂O₂/methanol for endogenous peroxidase activity for 20 min. Rehydration of the slides was accomplished using an alcohol gradient up to distilled water. The slides were then put in a pressure cooker containing sodium citrate (pH=6.0). Between each experimental step, the slides were washed in PBS (Biochrom) at room temperature and without light exposure. In order to block any non-specific binding of the primary antibodies, the sections were incubated with UltraVision Protein Block (Thermo Scientific, catalogue-ID.: TA060PBQ) for 15 min at room temperature. Then, the samples were incubated with 1:100 Anti-DRD2 (polyclonal rabbit antibody; LSBio, catalogue-ID: LS-A1403), 1:300 anti-DDC (polyclonal rabbit antibody; LSBio, catalogue-ID: LS-B10123) and 1:50 Anti-HLAG (monoclonal mouse IgG1, clone:

MEM-6/9; Biocompare, South San Francisco, CA, USA, catalogue-ID: MCA2043) antibodies diluted in Antibody Diluent (Dako, catalogue-ID: S3022) for 16 h at 4°C. Slides were then exposed to the secondary antibodies, Cy2-labelled goat-anti-mouse IgG (Dianova, Hamburg, Germany), diluted 1:100 in Dako Antibody Diluent and Cy3-labelled goat-anti-rabbit IgG (Dianova) diluted 1:500 in Dako Antibody Diluent. Finally, the sections were embedded in Vectashield Antifade Mounting Medium with 4,6-diamino-2-phenylindole (Vector Laboratories, catalogue-ID: H-1200) and inspected with a fluorescent Axioskop photomicroscope (Zeiss). Images were acquired with a digital Axiocam camera system (Zeiss).

Statistics

Data collection and processing as well as analysis of statistical data were performed with IBM SPSS Statistics for Windows, version 22.0 (IBM Corp, Armonk, NY). *P* values smaller than 0.05 were considered statistically significant. Non-parametric Mann–Whitney *U* test was performed for comparison of means. Wilcoxon signed-rank test was performed for the statistical analysis of cell culture tests. As the causes for either SMs or RMs are different, those groups were not compared with each other.

Results

DDC protein expression in the placenta

DDC protein expression in villous trophoblasts of RMs was significantly reduced in comparison to DDC protein expression in villous trophoblasts of normal pregnancies ($P=0.049$) (Fig. 1; Table 3). In decidual cell populations, DDC protein expression was also significantly downregulated ($P=0.018$) in RMs (Fig. 1; Table 3). Significant differences of DDC expression between SMs ($P=0.669$) and healthy controls were found neither in first trimester placentas nor in the decidua ($P=0.252$) (Fig. 1; Table 3).

D2R protein expression in the placenta

In syncytiotrophoblasts and villous cytotrophoblasts of RMs, a significant downregulation of D2R staining could be shown in comparison to healthy controls ($P=0.007$) (Fig. 2; Table 4). In the decidua and glands, no significant difference in D2R protein expression could be detected

(decidua: $P=0.349$; glands: $P=0.710$). In SMs, D2R protein expression did not differ from uncomplicated pregnancies (syncytiotrophoblasts: $P=0.469$; decidua: $P=0.756$; glands: $P=0.386$).

DDC mRNA expression in BeWo trophoblast model cells after stimulation with T_0AM and T_1AM

Incubation of BeWo cells with 0.1 nM T_0AM induced a significant downregulation of DDC mRNA expression ($P=0.020$) (Fig. 3A; Table 5). At a lower concentration (0.01 nM), a downregulation of DDC mRNA could also be shown; however, the difference was not significant ($P=0.394$) (Fig. 3A; Table 5). The stimulant T_1AM induced a significant downregulation of DDC mRNA expression in BeWo cells at both concentrations ($P=0.002$ for 0.01 nM and $P=0.025$ for 0.1 nM (Fig. 3A). In JEG-3 cells, 0.01 nM T_1AM induced a significant ($P=0.005$) downregulation of DDC mRNA expression (Fig. 3C; Table 5). At a concentration of 0.1 nM, T_1AM had no effect on the expression of DDC in JEG-3 cells ($P=0.065$) (Fig. 3C; Table 5).

DDC protein expression in BeWo trophoblast model cells after stimulation with T_0AM and T_1AM

Immunocytochemistry

The influence of T_0AM and T_1AM on DDC expression in BeWo and JEG-3 cells has also been studied on protein level. Obtained by immunocytochemistry, a significant ($P=0.025$) downregulation of DDC expression in BeWo cells induced by 0.01 nM T_0AM could be detected (Fig. 4; Table 6). At a concentration of 0.1 nM, T_1AM did not lead to a significant difference in DDC protein expression in comparison to unstimulated BeWo cells ($P=0.058$) (Fig. 4; Table 6). A similar trend could be observed for the endogene ligand T_1AM , which induced a significant downregulation of DDC protein expression in BeWo cells for 0.01 nM ($P<0.001$) and 0.1 nM ($P=0.002$) (Fig. 4; Table 6).

Western blot

The same trend as observed via immunocytochemistry could be detected for Western blotting where 0.01 nM ($P=0.048$) and 0.1 nM ($P=0.007$) of T_0AM induced a significant downregulation of DDC protein expression in BeWo trophoblast model cells (Fig. 5A and C; Table 7). For T_1AM , only the lower concentration level (0.01 nM) induced a significant downregulation of DDC protein

Figure 1

DDC protein expression in villous trophoblasts and decidual cells. (A) Boxplot of DDC protein expression in villous trophoblasts, (B) stronger DDC staining in villous trophoblasts of control tissue, $\times 25$ magnification, (C) lower DDC staining in villous trophoblasts of SMs, $\times 25$, (D) lower DDC staining of RMs, villous trophoblasts, $\times 25$, (E) lower DDC staining of RMs, villous trophoblasts, $\times 10$, (F) boxplot of DDC protein expression in decidual cells, (G) control decidua, $\times 10$, (H) control decidua, $\times 25$, (I) RM decidua, $\times 10$, (J) RM decidua, $\times 25$. DDC, L-dopa decarboxylase; RM, recurrent miscarriage; SM, spontaneous miscarriage.

expression after 48 h ($P=0.007$) in BeWo cells (Fig. 5B and C; Table 7).

In JEG-3 cells, a different influence of T_0AM and T_1AM on DDC expression could be observed in comparison to BeWo cells. The stimulant T_0AM led to a significant upregulation of DDC protein expression after an incubation time of 48 h and at a concentration of 0.1 nM ($P=0.048$) (Fig. 5D and F; Table 7). The endogene ligand T_1AM also induced a significantly increased expression of DDC in JEG-3 cells at a concentration of 0.1 nM ($P=0.038$) (Fig. 5E and F; Table 7). At a lower concentration, both stimulants had no significant influence on DDC expression in JEG-3 cells (Fig. 5D and E; Table 7).

Coexpression of DDC and D2R in EVT double-immunofluorescence

In ETP decidual tissue HLAG-positive cells are stained in green (Fig. 6B), and HLAG-negative cells both expressing D2R are stained in red (Fig. 6A). Triple filter excitation shows the non-exclusive double staining of D2R and HLAG in yellow. In RM decidua, less double-immunofluorescence staining can be seen (Fig. 6F), showing that in placentas of RMs, the ETP expresses less D2R than in healthy pregnancies.

DDC expression in ETP (Fig. 6G) and RM placentas (Fig. 6K), which is stained in red, occurred mostly in HLAG-negative cells. EVT, stained in green, (Fig. 6H and L)

Table 3 Raw numbers to Fig. 1.

	IRS mean	IRS 25th percentile	IRS 75th percentile
DDC expression in villous trophoblast			
ETP	12	8	12
SM	8	6	12
RM	8	8	8
DDC expression in decidual cells			
ETP	12	10	12
SM	8	8	12
RM	5	4	8

DDC, L-dopa decarboxylase; ETP, elective termination of pregnancy; IRS, immunoreactive score; RM, recurrent miscarriage; SM, spontaneous miscarriage.

showed very little DDC expression, resulting in low double staining in triple filter excitation in both samples (Fig. 6I and M).

In both ETP (Fig. 6N, O and P) and RM (Fig. 6Q, R and S) samples, decidual stroma cells, stained in green (Fig. 6O and R), showed a coexpression for DDC (Fig. 6P and S). Furthermore, prolactin-negative cells expressing DDC could be detected, suggesting a DDC-positive cell

Table 4 Raw numbers to Fig. 2.

	IRS mean	IRS 25th percentile	IRS 75th percentile
D2R expression in syncytiotrophoblasts			
ETP	12	12	12
RM	10	8	12

D2R, D₂-dopamine receptor; ETP, elective termination of pregnancy; IRS, immunoreactive score; RM, recurrent miscarriage.

type beneath maternal decidual stromal cells and foetal EVT in the decidua.

Discussion

In this study, the regulation of DDC and D2R has been described in the placenta of healthy pregnancies and in SMs as well as RMs. The nature of our sample collection of legal termination of pregnancy cases of SMs and RMs does not allow large sample collections as for example shown in cancer studies. Therefore, studies of first trimester placental tissue are always of limited numbers. That is why type 2 errors may occur in general in these types of studies. A significant downregulation of DDC expression in trophoblasts and the decidua of RMs and a significantly reduced expression of D2R in syncytiotrophoblasts and cytotrophoblasts of miscarriages in comparison to healthy pregnancies could be identified. As DDC is involved in the synthesis of dopamine, downregulation of DDC and D2R in trophoblasts of RMs reflects a reduced signal cascade of catecholamines on the foetal side. Further studies are necessary to answer the question, whether a negative feedback loop of biologic active amines leads to a downregulation of DDC in miscarriages. A compensational reduced synthesis of amines induced by the DDC could also be discussed in this situation. Less production of amines may further lead to a decrease in epinephrine synthesis and consequently a reduced D2R expression. Blohberger *et al.* detected DDC expression in theca cells of the ovary and assume a correlation between DDC expression and higher dopamine levels within the ovary (6). Generation of dopamine from L-DOPA is the standard treatment for Parkinson's disease (20, 21, 22). DDC activity regulation plays an important role during the treatment of Parkinson's disease, and fluctuation of DDC activity can cause severe side effects of chronic L-DOPA administration (23, 24).

The aims of this study included the analysis of the influence of endogene amines on DDC expression in

Figure 2

D2R protein expression in syncytio- and cytotrophoblasts. Boxplot of D2R expression in syncytiotrophoblasts of control placental tissue and recurrent miscarriages. In syncytiotrophoblasts of control placental tissue (A, $\times 25$) a significantly higher expression and distribution of D2R expression could be detected in comparison to the recurrent miscarriages (B, $\times 25$). D2R, D₂-dopamine receptor; IRS, immunoreactive score.

Figure 3

Real-time TaqMan PCR in BeWo and JEG-3 cells after stimulation with T_0AM and T_1AM . (A) Bar chart of DDC mRNA expression in BeWo cells after incubation with T_0AM detected via Real-time TaqMan-PCR. 0.1 nM T_0AM induced a significant downregulation of DDC mRNA ($P=0.020$). Downregulation of DDC mRNA after incubation with 0.01 nM T_0AM was not significant ($P=0.394$). (B) Bar chart of DDC mRNA expression in BeWo cells after incubation with T_1AM detected via Real-time TaqMan PCR. Both 0.001 nM and 0.1 nM T_1AM induced a significant downregulation of DDC mRNA expression. (C) Bar chart of DDC mRNA expression in JEG-3 cells after incubation with T_1AM detected via Real-time TaqMan PCR. DDC mRNA expression was significantly reduced ($P=0.005$) in JEG-3 cells after incubation with 0.01 nM T_1AM . For 0.1 nM T_1AM , the difference was not significant. DDC, L-dopa decarboxylase.

trophoblast model cells and to determine whether the ligands may be responsible for the induction of miscarriages. Enhanced transformation of thyroid hormones into biological active amines may partly be responsible for miscarriages. Miscarriages are accompanied by a downregulation of the classical THRs, which can be due to an alteration in the transformation of thyroid hormones into TAs (15). The latter are closely related to classical monoamines like dopamine, and they can function via TAAR1 (3). Harmeier *et al.* investigated TAAR1 and D2R heteromers in neuronal cells and pointed towards a crosstalk between TAAR1 and D2R (3). In our study, we were able to demonstrate that T_3/T_4 metabolites can downregulate DDC mRNA and protein expression in trophoblast model cells. Reduction of DDC expression induced by endogen amines, such as T_0AM and T_1AM , is possibly caused by a product inhibition through the transformation of thyroid hormones into T_0AM and T_1AM . A reduced level of thyroid hormones is described in disturbed pregnancies, which may consequently lead

to a reduced expression of DDC and D2R in miscarriages. It also seems likely, that hypothyroidism or thyrotoxicosis leads to thyroid hormones dysregulation in placental tissue. Thus would also cause a dysregulation of thyroid hormone degradation products. These act not only on the DDC expression, but also on the heterodimer of D2R and TAAR1.

The influence of endogen amines on DDC has been analysed in BeWo- as well as JEG-3 trophoblast model cells, and in both cell lines, different DDC expression trends could be detected. BeWo cells are able to fuse, and they can form a syncytium and therefore rather resemble the characteristics of syncytiotrophoblasts (25). JEG-3 cells on the other hand resemble the characteristics of EVT's (26, 27). Due to the differing characteristics of BeWo and JEG-3 cells, different influences of the tested stimulants were detected on the expression patterns of DDC in both cell lines.

Vassiliou *et al.* also focused on DDC in the placenta, and they purified and identified Annexin V as an

Table 5 Raw numbers to Fig. 3.

	T_0AM	T_1AM
DDC mRNA expression in BeWo cells after incubation with		
Control	1	1
0.01 nM	0.85	0.70
0.1 nM	1.45	0.60
	T_1AM	
DDC mRNA expression in JEG-3 cells after incubation with		
Control	1	
0.01 nM	0.7	
0.1 nM	0.8	

DDC, L-dopa decarboxylase.

Figure 4

Immunocytochemistry of DDC protein expression in BeWo cells after stimulation with T₀AM and T₁AM. (A) Boxplot analysis of DDC expression showing a significant downregulation of DDC expression induced by 0.01 nM T₀AM ($P=0.025$). (B) DDC staining of control BeWo cells, (C) reduced DDC staining of BeWo cells treated with 0.01 nM T₀AM, (D) slightly reduced but not significant staining of BeWo cells treated with 0.1 nM T₀AM. (E) Boxplot analysis of DDC expression showing a significant downregulation of DDC expression induced by 0.01 nM and 0.1 nM T₁AM. (F) DDC staining of control BeWo cells, (G) reduced DDC staining in BeWo cells after incubation with 0.01 nM and 0.1 nM T₁AM. (H) DDC, L-dopa decarboxylase.

endogenous inhibitor of DDC activity from the human placenta by mass spectrometry (5). The study group presumes that the existence of the endogen inhibitor of DDC may explain the lack of DDC activity in the decarboxylation of L-DOPA (5). In addition, very early studies showed that thyroid hormones can influence DDC in foetal tissue (28). Maternal hypothyroxinaemia can lead to impairment in the development of the foetal brain (28). The authors also found that this is accompanied by dysgenesis of certain neurotransmitter

metabolic activities (choline acetyltransferase and DOPA decarboxylase) (28).

In conclusion, within this study, we could show an influence of thyroid hormone metabolites on the expression of DDC and D2R in healthy pregnancies and RMs. Therefore, thyroid hormone metabolites may influence the placental catecholamine receptor system. This study describes the status of DDC and D2R expression in decidual tissue. Since there is no activity assay for DDC in trophoblast cell lines, additional studies are needed to

Table 6 Raw numbers to Fig. 4.

	Strongly stained cells mean (%)	25th percentile (%)	75th percentile (%)
DDC protein expression in BeWo cells after stimulation with T ₀ AM			
Control	82	68	92
0.01 nM	65	50	77
0.1 nM	65	45	92
DDC protein expression in BeWo cells after stimulation with T ₁ AM			
Control	75	61	98
0.01 nM	50	43	75
0.1 nM	60	50	66

DDC, L-dopa decarboxylase.

Figure 5

Western blot analysis of DDC protein expression in BeWo and JEG-3 cells after stimulation with T₀AM and T₁AM. (A) Boxplot analysis of DDC expression in BeWo cells after incubation with T₀AM, (B) boxplot analysis of DDC expression in BeWo cells after incubation with T₁AM, (C) picture of Western blot membrane of BeWo cells where (a) standard protein ladder (Page Ruler Prestained Protein Ladder; Product# 26616; Thermo Scientific). (b, e) BeWo cell control group. (c) BeWo cells stimulated with 0.01 nM T₀AM, (d) BeWo cells stimulated with 0.1 nM T₀AM. (f) BeWo cells stimulated with 0.01 nM T₁AM. (g) BeWo cells stimulated with 0.1 nM T₁AM. (D, A) Boxplot analysis of DDC expression in JEG-3 cells after incubation with T₀AM, (E) boxplot analysis of DDC expression in JEG-3 cells after incubation with T₁AM, (F) picture of Western blot membrane of JEG-3 cells where (a) Standard protein ladder (Page Ruler Prestained Protein Ladder; Product# 26616; Thermo Scientific). (b, e) JEG3 cell control group. (c) JEG3 cells stimulated with 0.01 nM T₀AM. (d) JEG3 cells stimulated with 0.1 nM T₀AM. (f) JEG3 cells stimulated with 0.01 nM T₁AM. (g) JEG3 cells stimulated with 0.1 nM T₁AM. DDC, L-dopa decarboxylase.

investigate the functional correlations of DDC activity. Therefore, it can currently not be determined, whether our findings are of causative or associative nature. Future studies are necessary to analyse the effect of dopamine

or epinephrine on DDC expression in the placenta and its influence on the pregnancy outcome. Furthermore, ligands that are able to upregulate DDC and D2R expression in trophoblasts should be identified.

Table 7 Raw numbers to Fig. 5.

	DDC/β-actin mean	DDC/β-actin 25th percentile	DDC/β-actin 75th percentile
Western blot of DDC expression in BeWo cells after incubation with T ₀ AM			
Control	0.63	0.58	0.70
0.01 nM	0.50	0.30	0.78
0.1 nM	0.56	0.26	0.64
Western blot of DDC expression in BeWo cells after incubation with T ₁ AM			
Control	0.47	0.27	0.57
0.01 nM	0.42	0.24	0.43
0.1 nM	0.28	0.26	0.56
	DDC/β-actin mean	25th percentile	75th percentile
Western blot of DDC expression in JEG-3 cells after incubation with T ₀ AM			
Control	0.19	0.12	0.63
0.01 nM	0.24	0.14	0.89
0.1 nM	0.21	0.04	0.51
Western blot of DDC expression in JEG-3 cells after incubation with T ₁ AM			
Control	0.18	0.03	0.48
0.01 nM	0.13	0.08	0.49
0.1 nM	0.19	0.13	0.59

DDC, L-dopa decarboxylase.

Figure 6

Double-immunofluorescence (A–F) with anti-D2R (red) and anti-HLAG (green) antibodies. (A) D2R expression in decidual of ETP placenta stained in red. (B) HLAG expression in decidual of ETP placenta stained in green. (C) Double staining of both D2R and HLAG. A double expression is visible in yellow. (D) D2R expression in decidual of RM placenta stained in red. (E) HLAG expression in decidual of RM placenta stained in green. (F) Double staining of both D2R and HLAG. A double expression is visible in yellow. (G–M) Double-immunofluorescence with anti-DDC (red) and anti-HLAG (green) antibodies. (G) DDC expression in decidual of ETP placenta stained in red. (H) HLAG expression in decidual of ETP placenta stained in green. (I) Double staining of both DDC and HLAG. A double expression is visible in yellow. (K) DDC expression in decidual of RM placenta stained in red. (L) HLAG expression in decidual of RM placenta stained in green. (M) Double staining of both DDC and HLAG. A double expression is visible in yellow. (N–S) Double-immunofluorescence with anti-DDC (red) and anti-prolactin (green) antibodies. (N) DDC expression in decidual of ETP placenta stained in red. (O) Prolactin expression in decidual of ETP placenta stained in green. (P) Double staining of both DDC and prolactin. A double expression is visible in yellow. (Q) DDC expression in decidual of RM placenta stained in red. (R) Prolactin expression in decidual of RM placenta stained in green. (S) Double staining of both DDC and prolactin. A double expression is visible in yellow. DDC, L-dopa decarboxylase; D2R, D₂-dopamine receptor; ETP, elective termination of pregnancy; RM, recurrent miscarriage.

Supplementary data

This is linked to the online version of the paper at <https://doi.org/10.1530/EC-18-0126>.

Declaration of interest

The authors declare that they have no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

Funding

The study was funded by the Bayerische Gleichstellungsförderung (BGF) 2016, Germany.

Author's contribution statement

A V and U J conceived and designed the experiments. M G, S S, C K and S H performed the experiments. A V, U J, M G, S S, S H and K H analysed the data. A V, U J, M G, S S and K H wrote the research article. All authors read and approved the manuscript. S M, K H, H H, C A, S H and D M did the final revision of the manuscript.

Acknowledgements

The authors thank Sandra Schulze for her excellent technical assistance.

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Received in final form 31 March 2018

Accepted 23 April 2018

Accepted Preprint published online 23 April 2018