Estrogen and high-fat diet induced alterations in C57BL/6 mice endometrial transcriptome profile

Yali Cheng1,*, Qiaoying Lv1,*, Bingying Xie1, Bingyi Yang1, Weiwei Shan1, Chengcheng Ning1, Bing Li1, Lijing Xie1, Chao Gu1, Xuezhen Luo1, Xiaojun Chen1 and Qin Zhu2

1Department of Gynecology, Obstetrics and Gynecology Hospital of Fudan University, Shanghai, China
2Department of Pathology, Obstetrics and Gynecology, Hospital of Fudan University, Shanghai, China

Correspondence should be addressed to X Chen or Q Zhu: xiaojunchen2013@sina.com or zhuq1215@163.com

*(Y Cheng and Q Lv contributed equally to this work)

Abstract

Unopposed estrogen stimulation and insulin resistance are known to play important roles in endometrial cancer (EC), but the interaction between these two factors and how they contribute to endometrial lesions are not completely elucidated. To investigate the endometrial transcriptome profile and the associated molecular pathway alterations, we established an ovariectomized C57BL/6 mouse model treated with subcutaneous implantation of 17-β estradiol (E2) pellet and/or high-fat diet (HFD) for 12 weeks to mimic sustained estrogen stimulation and insulin resistance. Histomorphologically, we found that both E2 and E2 + HFD groups showed markedly enlarged uterus and increased number of endometrial glands. The endometrium samples were collected for microarray assay. GO and KEGG analysis showed that genes regulated by E2 and/or HFD are mainly responsible for immune response, inflammatory response and metabolic pathways. Further IPA analysis demonstrated that the acute phase response signaling, NF-κB signaling, leukocyte extravasation signaling, PPAR signaling and LXR/RXR activation pathways are mainly involved in the pathways above. In addition, the genes modulated reciprocally by E2 and/or HFD were also analyzed, and their crosstalk mainly focuses on enhancing one another's activity. The combination analysis of microarray data and TCGA database provided potential diagnostic or therapeutic targets for EC. In conclusion, this study unraveled the endometrial transcriptome profile alterations affected by E2 and/or HFD that may disturb endometrial homeostasis and contribute to the development of endometrial hyperplasia.

Introduction

Endometrial cancer (EC) is one of the most common malignant genital tumors among females worldwide, with an estimated 61,380 new cases in America in 2017 (1). It is known that type1 EC is estrogen-dependent tumor. Sustained endogenous or exogenous estrogen exposure without progesterone protection is the leading cause of type1 EC (2, 3). Accumulating epidemiological evidence also demonstrated that insulin resistance was highly prevalent in endometrial cancer (4, 5, 6). Our previous study reported that hyperinsulinemia might

Key Words
- endometrial cancer
- 17-β estradiol
- high-fat diet
- C57BL/6 mice
- microarray
be a key factor that initiates and promotes both type1 EC and endometrial hyperplastic lesions including disordered proliferative endometrium (DPE) and endometrial hyperplasia (EH) with or without atypia (7). Thus, elucidation of the molecular mechanisms of insulin resistance in estrogen-related EC and potential crosstalk will benefit our understanding of endometrial lesions.

Insulin resistance has been reported to upregulate 17-β estradiol (E2) biosynthesis and estrogen receptor to increase the estrogen sensitivity in local endometrium. Mechanistically, chronic inflammation induced by insulin resistance might be the key modulator for estrogen activity (8). Studies demonstrated that increased IL6 promotes the production of aromatase by stromal cells, resulting in an increase of E2 biosynthesis (9, 10). IL17A, secreted by macrophages in EC patients, upregulates the expression of estrogen receptor alpha (ERα) (11). Furthermore, both insulin and IGF1 intervention could upregulate G protein-coupled estrogen receptor (GPER) expression through epigenetic modulation to increase the sensitivity of endometrial cells to estrogen (12, 13). Collectively, insulin resistance, chronic inflammation and estrogen sensitivity are critical to endometrial tumorigenesis.

To investigate the interaction between insulin resistance and estrogen in endometrial carcinogenesis, we established an ovariectomized C57BL/6 mouse model treated with subcutaneous implantation of estrogen pellet and/or high-fat diet to mimic sustained estrogen stimulation and insulin resistance. The present study unraveled alterations in endometrial transcriptome profile and associated molecular pathways, which might disturb the homeostasis of the endometrial environment.

Materials and methods

Mice

Forty female C57BL/6 mice were purchased from the Laboratory Animal Science of Shanghai Medical College, Fudan University (Shanghai, China) and used for this study. Mice were maintained in a specific pathogen-free (SPF) and temperature-controlled facility on a 12-h light/darkness cycle. All experimental procedures were conducted in accordance with the National Guidelines for Animal Use in Research (China) and approved by the Institutional Animal Care and Use Committee of Fudan University.

Study design

All mice received bilateral oophorectomy at 6–8 weeks after birth. Successful ovariectomy was confirmed by microscopic examination of a vaginal smear for ten consecutive days. The mice were then randomly divided into four groups including the control (Ctrl) group, the estrogen stimulation (E2) group, the high-fat diet (HFD) group and the estrogen plus high-fat diet (E2 + HFD) group (n=8/group). The Ctrl group was treated with a normal chow diet, and the E2 group received a normal chow diet and an E2-releasing pellet (Innovative Research of America, NE-121, 0.36 mg/pellet 90-day release) implanted subcutaneously. The HFD group was fed high-fat diet (Research Diets, D12492) and the E2 + HFD group received both an E2-releasing pellet implanted subcutaneously and high-fat diet. All mice were killed after 12 weeks of treatment. Body weight and uterine morphology were recorded, and the endometrium was collected for microarray assay.

Endometrium collection and mRNA extraction

Mouse uterus was longitudinally dissected and scraped using the back of a scalpel into RNA Later on ice. Total RNA was extracted using an RNeasy Mini-kit (Qiagen) according to the manufacturer’s protocol. Agarose gel electrophoresis assay was used to confirm the presence of total RNA with no degradation.

Microarray analysis

The total RNA samples isolated from the Ctrl, E2, HFD and E2 + HFD groups in three or four biological replicates were subjected to gene expression analysis using the Affymetrix GeneChip Mouse Transcriptome Array 1.0 by GMINIX (Shanghai, China). A stringent significance threshold (P <0.05) and false discovery rate (FDR<0.05) were used to limit the number of false-positive findings, and the fold change (>1.5 or <0.67) was chosen to screen a manageable number of genes. According to differential expression of these genes, heat map and hierarchical clustering were used based on a complete-linkage hierarchical clustering algorithm.

Function and pathway analysis of genes

The Gene Ontology (GO) Database was used to search for the most significant function of dysregulated genes from the levels of biological process, cellular component and
molecular function. The Kyoto Encyclopedia of Genes and Genomes (KEGG) database was used to analyze the canonical pathways of dysregulated genes. Fisher's exact test and multiple comparison tests were used for GO and KEGG analysis, with a P value of <0.05 and an FDR of <0.05 considered statistically significant. Aside from the functional analysis, canonical pathways and networks of differential genes were also analyzed using ingenuity pathways analysis (IPA).

Hematoxylin-eosin (HE) staining and immunohistochemical (IHC) staining

The HE staining was mainly used to evaluate pathological progress. Three most representative ×100 fields per slide were selected and gland number in glandular epithelium was calculated. We observed the diameter of gland in Ctrl group is about 40–50 µm, then we calculated the percentage of gland (diameter>50µm) in total glands to evaluate the gland size. The IHC assay was performed as described before (14). Primary antibodies to PGR, CCND1, STMN1, PCNA and TNFAIP3 were purchased from Abcam. LGR5, VIM and KRT4 antibodies were purchased from Sigma-Aldrich. Phosphate buffered saline (PBS) was used as a negative control.

Cell lines, cell treatment and quantitative real-time PCR (qRT-PCR)

Human endometrial cancer cell lines Ishikawa and ECC1 were purchased from ATCC and maintained in DMEM/F12 (HyClone, Logan, UT, USA) and RPMI-1640 medium (HyClone) containing 10% charcoal-stripped fetal bovine serum (Gibco) and 100 U/mL penicillin and streptomycin antibiotics separately. Cells were treated with 10⁻⁷ M E2 (Sigma-Aldrich, E2758) for 12 h before total RNA was harvested for extraction. QRT-PCR was carried out according to the manufacturer’s protocols (SYBR Premix Ex Taq, TaKaRa, China). Primers were synthesized by Sangon Biotech (Shanghai, China), and they are listed in Supplementary Table 1 (see section on supplementary data given at the end of this article).

Availability of supporting data

The raw and normalized data gene expression data used in this manuscript have been deposited in the Gene Expression Omnibus repository, with GEO accession number GSE102103 (https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE102103).

The cancer genome atlas (TCGA) data analysis

Significantly differentially expressed genes were interrogated into the cBioPortal database (http://www.cbioportal.org) for transcriptomic analysis. We queried all the samples from TCGA uterine corpus endometrial carcinoma (UCEC) (TCGA, provisional) with RNA-seq v2 data (n=373) in our study and considered RNA dysregulation with Z-score threshold: ±2 (15). We also showed the expression levels of the dysregulated genes between cancer tissues and para-noncancerous tissues with the assistance of GEPIA (http://gepia.cancer-pku.cn), which could analyze the RNA sequencing expression data of 23 types of cancers and normal samples from the TCGA according to the standard processing pipeline.

Statistical analysis

SPSS 19.0 (IBM SPSS Software) was used for statistics. Unpaired t test was used for appropriate analyses. The P value of <0.05 (two-tailed) was considered to be significant. In ‘enhancement’ analysis, we analyzed gene expression of 173 overlapped genes among 13 samples from four groups. Fold change was calculated by the value of genes in treatment groups normalized to those in control group. We regarded the fold change >1.5 as ‘enhanced’ and <0.67 as ‘repressed’ as previously described (16).

Results

Uterine size and histological performance

To confirm the effect of continuous estrogen exposure and/or high-fat diet on mouse uterus, we first investigated body weight and uterine morphology after 12 weeks of treatment. The HFD and E2+HFD mice significantly had higher body weight than Ctrl (Fig. 1A). The E2 and E2+HFD groups showed a markedly enlarged uterine size (hypertrophic uterus), while the HFD group showed slight uterine edema compared with Ctrl group (Fig. 1B). We examined the endometrial histology using H&E staining. Although the endometrium showed a benign proliferative status in all groups, we did find increased endometrial gland numbers in the E2 group, increased gland size in the HFD group and increased gland numbers of various sizes in the E2+HFD group (Fig. 1C and D). These findings indicated that sustained estrogen stimulation and high-fat diet could facilitate uterine hypertrophy and the proliferation of endometrial gland tissue.
Endometrial mRNA profile in mice treated with estrogen and/or high-fat diet

To investigate the endometrial transcriptome profile induced by continuous estrogen exposure and/or high-fat diet in ovariectomized mice, we collected the endometrium for microarray analysis. Our primary microarray data are available in the public database Gene Expression Omnibus (GEO) repository (GSE102103). When hierarchical clustering was applied to the microarray data, samples with similar trends in gene expression profiles tend to cluster together. The mRNA expression profiles were presented in Fig. 2A. The number of differentially expressed genes regulated by E2 and/or HFD was shown in Fig. 2B. It is noteworthy that the E2 + HFD group showed the highest number of dysregulated genes compared to E2 and HFD groups.

To gain insight into the functional alterations of these dysregulated genes, ontology enrichment analysis was performed. Among the altered functions, 90 GO terms were all enriched in the E2 and/or the HFD groups compared to the Ctrl group. Focusing on the top ten altered functions, we found that the inflammatory response, the innate immune response and cell adhesion were affected (Fig. 2C). We further used KEGG to analyze the signaling pathways in which these aberrant genes are involved. Among the altered pathways, 43 pathways were all enriched in the three groups when compared to Ctrl group. Concentrating on the top ten KEGG pathways of each group, we observed that cytokine–cytokine receptor interaction, *Staphylococcus aureus* infection and the phagosome pathway were commonly enriched (Fig. 2D). Notably, among the GO and KEGG analysis, metabolic-related functions and pathways were significantly enriched in HFD and E2 + HFD groups. Taken together, these results suggest that estrogen and high-fat diet may regulate the immune response, the inflammatory response and the metabolic microenvironment to induce endometrial disorders.

**Estrogen and high-fat diet synergistically promote endometrial lesions**

As clinical research has demonstrated that prolonged estrogen stimulation and insulin resistance are contributing factors for endometrial lesions, we supposed that estrogen and insulin resistance might have synergic effects on endometrial carcinogenesis. First, we screened 173 common genes (148 upregulated genes and 25 downregulated genes) from E2 and/or HFD groups compared to the Ctrl group (Fig. 3A). The expression heat
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Figure 2
Changes of mRNA profiles in mice treated with estrogen and/or high-fat diet. (A) Cluster analysis of dysregulated gene expression in the endometrium of mice. Samples in the heat map are labeled: GCS (100454, 100455, 98700) for Ctrl, GCS (100456–100458, 98701) for E2, GCS (100459, 100460, 98702) for HFD and GCS (98703–98705) for E2+HFD. Red color represents highly expressed genes and green color represents lowly expressed genes. (B) The number of altered genes regulated by E2, HFD and E2+HFD. The number of genes upregulated or downregulated (with >1.5- or <0.67-fold change compared to Ctrl group) are represented as red and green numbers, respectively. (C) GO analysis of E2, HFD and E2+HFD regulated genes in mouse endometrial samples. The top ten functions are presented and overlapped functions are boxed. (D) KEGG analysis of E2, HFD and E2+HFD regulated genes in mouse endometrial samples. The top ten pathways are presented and overlapped pathways are boxed.

map of these genes is shown in Fig. 3B. To investigate the collaborative effect of E2 and HFD, we compared the effects of E2+HFD and E2/HFD among the 173 genes. We found that HFD enhances E2 activity for approximately 33%, while it reverses or represses E2 action on 3% of these genes (Fig. 3C). Similarly, E2 enhanced HFD activity up to approximately 54% of these genes but reversed or repressed HFD action on only 2% of these genes (Fig. 3C). Enhanced and reversed genes controlled reciprocally by E2 and HFD are listed in Supplementary Table 2. In conclusion, E2 and HFD modulate gene activity reciprocally by enhancing each other’s activity.

To explore the potential synergic mechanisms, we conducted ingenuity pathways analysis (IPA) for these 173 genes. The enriched top ten pathways were shown in Table 1. Granulocyte adhesion and diapedesis, acute phase response signaling and NF-κB signaling were associated with inflammatory responses; LXR/RXR activation, PPAR signaling and the urea cycle were related to metabolic pathways; and the complement system and communication between innate and adaptive immune cells were associated with immune responses. IPA analysis results were also consistent with GO and KEGG analysis (Fig. 2C and D). Among these pathways, acute phase response signaling, dendritic cell maturation and NF-κB signaling were activated, while PPAR signaling and the LXR/RXR activation pathway were inhibited. These results further confirmed that estrogen and high-fat diet might synergistically regulate the immune response, as well as inflammatory and metabolic pathways. These results also indicated that the PPAR signaling pathway and pathways involved in communication between innate and adaptive immune cell might represent future research directions to investigate the mechanism of sustained estrogen and high-fat diet-induced endometrial lesions.
Aberrantly expressed genes analysis based on TCGA data

TCGA database has significantly improved the understanding of UCEC (15). According to the degree of aberration in 173 dysregulated genes in patients, we listed the OncoPrint from cbioPortal involving the top fifteen genes with their respective abnormal expression profiles. Genetic alterations were found in 225 of 333 UCEC patients (68%). The aberrant expression threshold was defined as Z-score ± 2.0 from the TCGA RNA-Seq V2 data (Fig. 4A). Then, we analyzed the expression of those genes in EC and para-tumorous endometrial tissues. The results indicated that the levels of PIGR, KTCD1, ARG2, PMAIP1, ALPL and SLC27A2 were remarkably higher in the UCEC than in the para-tumorous uterine tissues. In contrast, FMO2 and CCND2 were all downregulated in UCEC tissues (Fig. 4B). A combination of microarray

Table 1  Functional annotations enriched by the differential expressed genes, detected by using the IPA library of canonical pathways.

<table>
<thead>
<tr>
<th>Ingenuity canonical pathways</th>
<th>P value</th>
<th>Z-score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Granulocyte adhesion and diapedesis</td>
<td>4.36516E-08</td>
<td>–</td>
</tr>
<tr>
<td>Complement system</td>
<td>1.94984E-07</td>
<td>–</td>
</tr>
<tr>
<td>LXR/RXR activation</td>
<td>2.13796E-05</td>
<td>–1.134</td>
</tr>
<tr>
<td>Communication between innate and adaptive immune cells</td>
<td>3.54813E-05</td>
<td>–</td>
</tr>
<tr>
<td>Acute phase response signaling</td>
<td>0.000177828</td>
<td>2</td>
</tr>
<tr>
<td>Phagosome formation</td>
<td>0.00020893</td>
<td>–</td>
</tr>
<tr>
<td>Urea cycle</td>
<td>0.00070946</td>
<td>–</td>
</tr>
<tr>
<td>Leukocyte extravasation signaling</td>
<td>0.003467369</td>
<td>1</td>
</tr>
<tr>
<td>PPAR signaling</td>
<td>0.003981072</td>
<td>–2</td>
</tr>
<tr>
<td>NF-κB signaling</td>
<td>0.00831763</td>
<td>1.342</td>
</tr>
</tbody>
</table>

The top ten pathways are presented. Z-score >0 indicates activation and Z-score <0 indicates inhibition.
and TCGA data provided potential diagnostic molecular markers for high-fat diet and estrogen-induced endometrial lesions.

Microarray validation in mouse endometrial samples and EC cell lines

To verify the accuracy and reliability of the microarray results, we first used quantitative real-time PCR (qRT-PCR) and immunohistochemistry (IHC) staining in mouse endometrium to detect gene transcription and protein expression, respectively. QRT-PCR validated the transcription level of eight differentially genes (Tnfaip3, Neurl3, Ihh, Plk1, Ccnf, Peli3, Mdm2 and Skp2) in mouse endometrium of the E2 group (Fig. 5A). Seven out of eight genes were consistent with the microarray results. IHC staining showed decreased expression of PGR, CCND1, PCNA, STMN1 and LGR5, while showing increased expression of TNFAIP3, VIM and KRT4 in the E2 and/or the HFD group compared with Ctrl group (Fig. 5B and C). These IHC results are also consistent with the microarray data. Furthermore, estrogen-treated human endometrial cancer cell lines (Ishikawa and ECC1) were used to detect gene transcription level (Fig. 5D). We also investigated the effect of high-fat diet-induced insulin resistance on endometrium by analyzing mRNA level of genes accompanied by insulin resistance and inhibited insulin signaling pathway in HFD group. Data were shown in Supplementary Table 3. These results not only indicated the achievement of insulin resistance indirectly, but also proved that the microarray data in mouse endometrial samples are accurate and reliable.

Discussion

Accumulating evidence suggests that insulin resistance, which is the main characteristic of obesity (17), type 2 diabetes mellitus (18) and polycystic ovary syndrome (PCOS) (10), is the risk factor for EC. A prospective cohort study notes that ‘insulin resistance/metabolic syndrome,’ ‘steroids,’ and ‘inflammation’ factors are the three risk components associated with postmenopausal EC (19). Based on the clinical findings, we established a mouse model to find endometrial alterations of transcriptome profile under E2 and/or HFD treatment. Here, we compared the uterus size, endometrial histology and transcriptome profile in E2 and/or HFD mice. Immune response, inflammatory response and metabolic pathways were most affected by both E2 and/or HFD treatment. Furthermore, dysregulated genes enriched in the three groups were analyzed to examine the crosstalk between estrogen and insulin resistance. The functions and pathways of the genes altered in E2 and/or HFD mice endometrium will help discover the mechanisms of endometrial tumorigenesis at the earlier stages.

During the 12 weeks of estrogen treatment in our mouse model, we found both enlarged uterine size and increased endometrial gland number but were not able to diagnose EH. These results partly differ from findings in an estrogen-induced EH mouse model. In that model, female BALB/c mice without ovariectomy were subcutaneously implanted with ~30mg 17-β estradiol for ten weeks, which led to pathologically elevated serum E2 levels (up to 20-fold compared with physiological level) (20). Conversely, in our mouse model, we selected a 0.36 mg 17-β estradiol pellet released subcutaneously over 90 days.

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This small amount of estrogen treatment is conducive to understanding the very early changes of endometrial lesions but not sufficient to induce pathological EH.

In our study, high-fat diet for 12 weeks resulted in significant weight gain in female C57BL/6 mice. In addition, transcript levels were decreased for Irs1, G6pc3, Akt3, increased for Igf1, Tnfrsfl1a (NF-κB), Insig1, Ppa2 and PPAR signaling pathway appeared to be inhibited. These genetic features are often associated with insulin resistance (21, 22, 23). And the conclusion that insulin resistance could be successfully induced by high-fat diet in mice for 12 weeks was supported by several studies. They reported that mice fed with high-fat diet had increased body weight, hyperglycemia, hyperinsulinemia and increased total cholesterol compared to mice fed with standard chow, no matter in male or female mice (24, 25, 26, 27).

In this regard, a high-fat diet is sufficient to establish the model of insulin resistance in the present study. GO and KEGG analyses of dysregulated genes showed that the immune response, the inflammatory response and
metabolic pathways were mainly affected by sustained estrogen stimulation and high-fat diet. Moreover, IPA analysis showed that common, differentially expressed genes are enriched in more specific canonical pathways. Among the enriched pathways, acute phase response signaling, dendritic cell maturation and NF-kB signaling were activated, while PPAR signaling and the LXR/RXR activation pathway were markedly inhibited. These findings are also supported by recent cancer research results. For example, the NF-kB signaling pathway activation is closely related to chronic inflammation of the tumor (28, 29, 30). Additionally, several studies have shown that there is crosstalk between the PPAR gamma and Wnt/beta catenin pathway systems, with them working oppositely in some diseases involved in metabolic syndromes, cancers and Alzheimer Disease (31, 32). PPARs also regulate the expression of genes involved in energy homeostasis, cell proliferation and apoptosis (33, 34). Furthermore, PPARs can form heterodimers with retinoid X receptor (RXR) modulating the expression of genes involved in lipid metabolism, adipogenesis, the maintenance of metabolic homeostasis and inflammation, as well as inducing anticancer effects in a variety of human tumors (35). Therefore, estrogen and insulin resistance may play crucial roles in tumor formation by inhibiting PPAR signaling and the LXR/RXR activation pathway in the early stages of endometrial disease.

Crosstalk between estrogen and insulin resistance is essential for neoplastic transformation in endometrial tissues (36). These two factors are likely to play collaborative roles in endometrial tumorigenesis. Interestingly, among the genes of intersection between E2+HFD and E2 group or between E2+HFD and HFD group, we found that high-fat diet improves one-third of estrogen-regulated genes and estrogen enhances one-half of high-fat diet-regulated genes. However, the antagonistic effect of estrogen and insulin resistance was weak. This suggested that the synergistic effect of these two factors is important for the initiation of endometrial lesions.

TCGA database of UCEC has facilitated the analysis of the high-throughput data of various genomic alterations. The degree of aberrant gene expression in patients emphasized the high incidence of differential genes in EC patients and helped to screen for possible diagnostic markers for early endometrial lesions. This included PIGR, KCTD1, ARG2, PMAIP1, ALPL and SLC27A2, FM02 and CCND2. For example, SLC27A2, as the fatty acid transporter and cholesterol homeostasis mediator, was increased after E2 and/or HFD treatment, and it was also remarkably higher in the UCEC than in the para-tumorous uterine tissues. Hansel D and coworkers showed that SLC27A2 is positively involved in tumor metastasis in well-differentiated pancreatic endocrine neoplasms (37). Therefore, it could be suspected that a high level of several fatty acids may promote initiation and progression of EC.

In summary, the spectrum of crosstalk between sustained estrogen exposure and insulin resistance can be observed in our ovariecтомized C57BL/6 mouse model. One way that this crosstalk occurs is through enhancing reciprocal signal activity by influencing the immune response, metabolic processes or shaping the inflammatory microenvironment of the endometrium. Thus, crosstalk between estrogen and insulin resistance, especially transcriptional enhancement, represents a potential therapeutic target for EC. Further investigation into this possibility is warranted.

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**Supplementary data**

This is linked to the online version of the paper at [https://doi.org/10.1530/EC-17-0315](https://doi.org/10.1530/EC-17-0315).

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### Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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